



connect

Journal

"All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work."—2 Timothy 3:16–17 (NLT)

This book belongs to:

S.O.A.P

“If you will develop a daily self-feeding program from the Bible and allow yourself to be daily, hourly mentored by God’s Holy Spirit, your life will undergo an unprecedented change for the better.”—Wayne Cordeiro, *The Divine Mentor*

There is nothing more important in the world than our relationship with God! The Lord gave everything for us—He sent His Son Jesus to give His life for us so we could have a relationship with the Lord and be called His sons and daughters. And as any good and loving father would, God desires to have a deep, intimate relationship with us . . . but we must do our part, too!

One of the most important aspects of our relationship with the Lord is Bible study. God’s Word is the means He has set up for us to hear back from Him! 2 Timothy 3:16 (NKJV) says, “All Scripture is given by inspiration of God. . . .” And as you read through it, your life will change as the Lord works in your heart. Through the Bible, you’ll get to know Jesus, receive practical instruction for your everyday life, learn to overcome trials and difficulties, and find purpose and meaning.

Right about now, you may be wondering what’s the best way to study the Bible? How can you get the most out of the time you’re investing into hearing from God?

There are many ways to study the Bible; many different study methods and guides to help you get the most out of God’s Word. One popular and easy way of personally studying the Bible is by using a tool called S.O.A.P.

Scripture: Choose a passage from the Bible to study.

Observation: Write down what this text says to you. What do you notice about what you’re reading? What is of personal interest to you?

Application: Now that God has spoken to you, write down how He wants you to apply what He said to your life? How can you take this passage to heart and make it real in your everyday life?

Prayer: Finally, end with writing out a prayer to God based on what you’ve read—something to ask for, something to confess, and something to praise Jesus for.

In this journal, you’ll have the opportunity to go in-depth into one of the most famous sermons ever preached by Jesus, the Beatitudes. This passage is filled with practical and profound wisdom that every Christian can benefit from. We pray that as you take the time over the next few weeks to study these ten verses that you would hear from the Lord and experience a deeper relationship with Him!

Day One

Scripture

"Blessed are the poor in spirit, for theirs is the kingdom of heaven."
—Matthew 5:3 (NKJV)

Observation

Application

Prayer

Day Two

Scripture

"Blessed are those who mourn, for they shall be comforted."—Matthew 5:4 (NKJV)

Observation

Application

Prayer

Day Three

Scripture

"Blessed are the meek, for they shall inherit the earth."
—Matthew 5:5 (NKJV)

Observation

Application

Prayer

Day Four

Scripture

"Blessed are those who hunger and thirst for righteousness, for they shall be filled."—Matthew 5:6 (NKJV)

Observation

Application

Prayer

Day Five

Scripture

"Blessed are the merciful, for they shall obtain mercy."—Matthew 5:7 (NKJV)

Observation

Application

Prayer

Day Six

Scripture

"Blessed are the pure in heart, for they shall see God."—Matthew 5:8 (NKJV)

Observation

Application

Prayer

Day Seven

Scripture

"Blessed are the peacemakers, for they shall be called sons of God."
—Matthew 5:9 (NKJV)

Observation

Application

Prayer

Day Eight

Scripture

"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven."—Matthew 5:10 (NKJV)

Observation

Application

Prayer

Day Nine

Scripture

"Blessed are you when they revile and persecute you, and say all kinds of evil against you falsely for My sake."—Matthew 5:11 (NKJV)

Observation

Application

Prayer

Day Ten

Scripture

"Rejoice and be exceedingly glad, for great is your reward in heaven, for so they persecuted the prophets who were before you."—Matthew 5:12 (NKJV)

Observation

Application

Prayer

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